

THE GREAT BODY SHOP

Come in and learn about your body!

The Children's Health Market Training Menu

We are pleased to present the following professional development workshops offered by The Children's Health Market. Each session is designed to meet the needs of participants while being interactive, engaging, and relevant to today's educational challenges. All workshops are led by experienced educators—current or former classroom teachers—who bring deep content knowledge and practical, real-world teaching experience to their training.

BASIC TEACHER ORIENTATION\$700 half-day / \$1000 full-day

The Basic Teacher Orientation is a site-based, interactive professional learning experience designed to build teachers' knowledge and confidence in implementing **THE GREAT BODY SHOP**. Participants begin with a curriculum overview and engage in demonstration lessons, hands-on activities, and guided practice with instructional strategies for teaching health education. Teachers also become familiar with the digital platform and its tools to support instruction and assessment. The workshop emphasizes real-world application, allowing teachers to experience the curriculum as their students would. Sessions are engaging, relevant, and responsive, ensuring educators leave prepared to deliver high-quality health instruction.

Capacity: 50 participants per trainer

Full Day: Extends the learning from the half-day session by providing a deeper, more comprehensive experience. Participants engage in extended skill practice, explore and select grade-level assessments, and identify cross-curricular strategies to support connected, schoolwide learning. The full-day format also includes dedicated time for collaborative and strategic planning, enabling teachers to develop concrete implementation plans tailored to their classrooms and aligned with school expectations.

Capacity: 50 participants per trainer

TRAINING OF TRAINERS.....\$2000 (two full days)

A site-based training for district-selected staff designed to build the capacity to deliver the Basic Teacher Orientation to classroom teachers. In addition to experiencing the full orientation, participants develop facilitation skills, practice leading key components, and receive feedback to support effective delivery. This training builds internal capacity, enabling districts to provide ongoing, in-house professional development aligned with their implementation goals. **Capacity: 50 participants per trainer**

VIRTUAL BASIC TEACHER ORIENTATION.....\$400 / 90 min.

A condensed, virtual introduction to **THE GREAT BODY SHOP** designed to jump-start implementation. Participants receive a curriculum overview, experience select demonstration activities, and are introduced to key instructional strategies for teaching health education. Teachers also gain a brief orientation to the digital platform and its core tools. This session provides a strong starting point; additional training may be beneficial to fully support implementation. **Capacity: 50 participants per trainer**

SPECIAL TOPIC WORKSHOPS\$700 half-day / \$1000 full-day

Enhance your professional learning experience with a range of special topic workshops led by expert trainers. These sessions may be combined with the Basic Teacher Orientation or selected individually to meet the unique needs of your school or district. Topics include human growth and development, substance abuse prevention, child sexual abuse prevention, Coordinated School Health, and bullying and violence prevention.

Capacity: 50 participants per trainer

For more information about training call 800-782-7077 ext. 1003 or email info@TheGreatBodyShop.net

**Prices listed include professional development fees only; travel expenses are additional and will be quoted separately.*